

KESAR KANJHLIA

Psychology Student

PERSONAL SUMMARY

Demonstrated knowledge of standard psychological assessment instruments of personality and intellectual functions. Enthusiastic learner eager to contribute to team success through hard work, attention to detail and excellent organizational skills. Motivated to learn, grow and excel in the field of psychology.

SKILLS

- Vocational Training
- Social Perceptiveness
- Mental Health Wellness
- Practical Learning
- Articulate Communication

VOLUNTEER WORK

- Worked with 'Beti Foundation', to educate children living on the streets about basic health and hygiene habits.
- Volunteered with National Blind Youth Association, Delhi by engaging in various fun-filled activities with the visually impaired.
- Worked as head volunteer with 'Heal the Globe Foundation' in Gurgaon, and distributed meals to the underprivileged children.

CONTACT INFORMATION

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WORK HISTORY

Cubbe Clinics

Clinical Psychology Intern, June 2022 – July 2022

- Observed therapy sessions and administered psychological assessment instruments under supervision.
- Compiled detailed client histories using intake forms, interviews and assessments to build complete picture for determining optimal therapeutic approaches.
- Maintained accurate record-keeping by inputting and updating patient information.
- Leveraged excellent oral and written communication skills to interact professionally with staff and clients.

Rotaract Club of Delhi University South Campus

Director of Vocational Services, June 2021 - Present

- Led my own team, and executed various projects under the Department of Vocational Services of Rotaract Club of Delhi University South Campus.
- Worked for social well-being of marginalized communities, poverty alleviation, children's rights and education.
- Also conducted workshops on health and sanitation, sex education, women's menstrual hygiene and mental health.

Youth Empowerment Foundation

Human Resources Intern, April 2021 - June 2021

- Assisted human resources and recruiting teams by scheduling phone screens and interviews.
- · Created and updated tracking spreadsheets using MS Excel.
- Developed strong written and verbal communication skills.



EDUCATIONAL HISTORY

Gargi College, University of Delhi

Bachelor of Arts in Psychology and English (2020 - 2023)

- CGPA of 7.09
- · Part of Enliven Western Dance Society
- · Led various projects related to psychology

Global Indian International School, Pune

High School Diploma (2019 - 2020)

- · Graduated with distinction, scored 96.5% in AISSCE
- · Member of honorary societies
- · Editor of School Magazine



NOTABLE ACHIEVEMENTS

- Blog published on wordpress: https://coldbrewpoetry.wordpress.com/
- Introduction to Philosophy Course from University of Edinburgh (July 2020)
- Projects:

- **Project Seher- "Mind, Body, Soul" (Sep 2021- Jan 2022) :** launched to spread awareness about mental health through various events like movie screening, open mic, dance therapy session, and art therapy session.